## RCSU Tapestry Menu

String Cheese

Wheat Crackers

Soft Pretzel Cheese Sauce

100% Juice

Homemade Whole-Grain

Yogurt

Muffin

Sun Chips

100% Juice

Whole Grain Cheez-its

Whole Fruit

Goldfish

**Cheese Stick** 

Yogurt

Graham Cracker Sticks Assorted Cereal

Milk

Kids Snack Mix

Whole Fruit

Peanut
Butter & Jelly
Sandwiches



